



Children's Pumpkin Dash

Saturday, October 10, 2009



- What:** 1st Annual Children's Pumpkin Dash.
- Where:** Reston Town Center
11921 Freedom Drive
Reston, VA 20190
- When:** Between 10:00 AM and 11:00 AM on race day, October 10th.
- Registration:** At packet pick-up: October 8th and 9th from 12:00 PM – 7:00 PM
The Potomac River Running Company
11911 Democracy Drive, Reston, Virginia 20190
- On Race Day: Reston Town Center from 6:00 AM – 8:30 AM.

The Children's Pumpkin Dash is FREE!!

We encourage **ALL** participants to come dressed in their favorite Halloween costume! This is a fun family event and we encourage parents/guardians to join their child on the course.

Age Categories:

- 4 years or younger.....100 yards 5 and 6 years.....200 yards
7 and 8 years.....200 yards 9 and 10 years.....400 yards

 All Pumpkin Dash participants will receive a race bib, ribbon and pumpkin 
(Call 1.866.RUN.0262 for more information)

Parent or guardian must complete the following:

By entering this event, I, as parent or guardian of the applicant(s) hereby agree, warrant and covenant as follows: I know that running is a potentially hazardous activity. My child(s) should not enter or run in the event unless medically able and properly trained. I agree to abide by any decision of a race official relative to my child(s) ability to safely complete the event. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, the conditions of the road; all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, as parents or guardian of the applicant(s), waive and release Greater Washington Sports Alliance, Blue Wolf Events, USATF, The City of Reston, VA, National Park Service, and all event sponsors, their directors, officers, employees, agents, representatives and successors from all claims or liabilities, of any kind arising out of my child(s) participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I, as parent or guardian of the applicant(s) hereby grant to the medical director of the event and his/her agents, affiliates, and designees, access to all medical records (and physicians) as needed and authorizes medical treatment as needed. I acknowledge that the application fee shall be nonrefundable, nontransferable and cannot be deferred. I agree that the organizers of this event may use my child(s) name, image and likeness for publicity purposes without compensation. I, as parent or guardian of the applicant(s), hereby agree to the above and give my permission for my child or ward to enter the Anthem Great Pumpkin 5k – Children's Pumpkin Dash.

Last Name	First Name	Address	City	State, Zip	Contact Phone Number	Sex	Age Category

Signature of Parent/Guardian: _____ Date: _____